



# INDIAN YOGA ASSOCIATION

(A self-regulatory body of Yoga Organisations)

🏠 2nd Floor, Plot No. 38, Pocket-B 3, Sector-17, Dwarka - 110078, New Delhi, India

☎ +91 9667181329, +91 9870222328 ✉ secretariat@yogaiya.in 🌐 www.yogaiya.in

IYA/CR/EC/SCC/ST/UP/01

September 15, 2020

**The Secretary,  
Uttar Pradesh Chapter Committee,  
Indian Yoga Association, UP.**

**Dear Shri. Amar Singh Bhaduria ji,  
Greetings from Indian Yoga Association!**

It gives me great delight to inform you that the Uttar Pradesh Chapter of the Indian Yoga Association has been approved by the Executive Council. **Annexure A** lists all the members that have been nominated by the Executive Council of the Association to the State Chapter.

Please go through the State Chapter Manual created for ease of administration of the State / UT Chapters of the Association. **As the Secretary of the Uttar Pradesh Chapter, you will be the authorized representative of the State Chapter.**

As directed by Gururji Dr HR Nagendra, the Honourable President of the Association, our focus should be to increase the memberships and activities of the Association in the State to the grass root levels, to every nook and corner of the state. As you are aware, we have the following types of Memberships:

#### **Individual Memberships:**

- Yog Samarthak (Yoga Volunteer Member)
- Yog Prashikshak (Yoga Professional Member)
- Aajeevan Sadasya (Life Member)
- Yoga Gurus and Acharyas (Eminent Member)

#### **Institutional Memberships:**

- National Registry (Annexure B) for organisations with presence in more than THREE States (Closed for now)
- State Registry (Annexure B) for organisations with presence in 1 to 3 States
- Organisations that qualify as working in Jnana Yoga, Bhakti Yoga and Karma Yoga other than Raja Yoga (Annexure C)
- Associate Center - A local organization on-boarded as a center to conduct activities of the Association through a mutually agreed process.
- International Associate – An organisation located in country outside our nation onboarded as a center to conduct the activities of the Association.

Our state Chapter should take a target of 20000 Individual Memberships and 20 Institutional Memberships in the FIRST year!

Other than Memberships, the following should be our priority areas



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- Academics and Accreditation
- Projects (Research / Community Health / Other)
- Events and Activities
- Publications of IYA
- Translation of Yogavani and other materials in local language
- Media and Publicity of IYA works and activities
- Collect donations for the Association
- Liaison with governmental and non-governmental organisations
- Sales of IYA / MI products

There is a manual developed for each of the above activities and the guidelines should be adhered to stringently.

As you are aware, our state Chapter office will be located at:

IYA Uttar Pradesh Chapter

C/O Amar Singh Bhadauria, C-1066, Aravali Marg Indranagar, Lucknow -226016.

We have created an email [Uttarpradesh@yogaiya.in](mailto:Uttarpradesh@yogaiya.in) for the state Chapter. You may collect password for the same from the Secretariat

For Coordination, the escalation matrix would be

Secretariat, IYA Headquarters, Delhi: Smt Bhavna Puri Mo: +91 8368434285

Office Landline: +91 11 4020 4358, [states@yogaiya.in](mailto:states@yogaiya.in), [secretariat@yogaiya.in](mailto:secretariat@yogaiya.in)

North Regional Coordinator, IYA: Sri Jaideep Arya

email: [jaiarya1973@gmail.com](mailto:jaiarya1973@gmail.com), [patanjaliyog@bharatswabhimanttrust.org](mailto:patanjaliyog@bharatswabhimanttrust.org)

Secretary General, IYA: Smt Kamlesh Barwal Mo: +919379601116, [sg@yogaiya.in](mailto:sg@yogaiya.in)

The immediate next step should be to open a Bank Account in the name of Indian Yoga Association, Uttar Pradesh; a bank account maybe opened preferably in a nationalized bank, preferably in Punjab National Bank. **The Secretary and the Treasurer will be the signatories for this bank account.** The collection and utilization of funds should be as directed in the Manual.

Another step would be to translate the essential literature of the Association in to local language. The Secretariat in Delhi will help you with your requirements. As part of the Association, you may seek IYA stationery customized to local requirements.

We should also seek land from the local government for establishment of a Chapter headquarters.



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Accordingly, please convene a meeting of the state Chapter to initiate the next steps. Please let us know if you need any other information.

Once again, we welcome you to the Indian Yoga Association family and look forward to working together with you.

Yours in service,

Smt Kamlesh Barwal  
Secretary General, IYA

## Annexure A

Sl No.	Name of Nominee	Institutional Nomination / Present Designation	Post in IYA, Uttar Pradesh
1.	<b>Dr Amarjeet Yadav</b>	IYA Life Member & PhD Yoga, Lucknow University, HoD,	Chairperson
2.	<b>Acharya Mukesh Yadav</b>	IYA Eminent Yoga Professional	Vice Chairperson
3.	<b>Abodh Shrivastava</b>	Nominee, SVYASA, Bengaluru	Vice Chairperson
4.	<b>Sanjai Kumar Rai</b>	IYA Life Member	Vice Chairperson
5.	<b>Sree Bhagwan Singh</b>	IYA Life Member	Vice Chairperson
6.	<b>Pradeep Pathak</b>	Nominee, Art of Living Foundation, Bengaluru	Vice Chairperson
7.	<b>Amar Singh Bhaduria</b>	IYA Life Member & Patanjali Yog Samiti	Secretary
8.	<b>Amit Garg</b>	IYA Life Member	Joint Secretary
9.	<b>Sumit Upreti</b>	Nominee, International Centre for Yoga Education and Research (ICYER)	Joint Secretary
10.	<b>Dr Ramesh Chandra</b>	IYA Life Member	Joint Secretary (Press & Media)
11.	<b>Sridevi Rajput</b>	Nominee, Patanjali Yogpeeth, Haridwar	Joint Secretary (Event)
12.	<b>Sanjeev Pandey</b>	IYA Life Member	Joint Secretary (Event)

13.	<b>Laxmi Bhagat</b>	IYA Life Member	Joint Secretary (Event)
14.	<b>Rohit Kaushik</b>	Nominee, Patanjali Yogpeeth, Haridwar	Joint Secretary (Coordination)
15.	<b>Satendra Kumar Rajput</b>	IYA Life Membe	Joint Secretary (Research)
16.	<b>Dr. Charu Sharma</b>	IYA Yoga Professional Member	Joint Secretary
17.	<b>Vandana Baranwal</b>	IYA Life Member	Joint Secretary (Reserch)
18.	<b>Akhilesh Pandey</b>	Nominee, Dev Sanskriti Vishwavidyalaya, Haridwar	Treasurer
19.	<b>Shri. Vishnu Goyal</b>	Nominee, Sri Aurobindo Society, Puducherry	Member
20.	<b>SRI PRABAL PRATAP SINGH</b>	Nominee, Vivekananda Rock Memorial and Vivekananda Kendra Vivekanandapuram, Kanyakumari	Member
21.	<b>Peeyush Kant Mishra</b>	IYA Life Member	Member
22.	<b>Sumit Kumar Singh</b>	IYA Life Member	Member
23.	<b>Smt Shalini Merhotra</b>	Nominee, Shri Ram Chandra Mission, Chennai- SRCM	Member
24.	<b>Sunil</b>	IYA Life Member	Member
25.	<b>Navneesh Kant Sharma</b>	Nominee, Mokshayatan Yogashram, Saharanpur	Member



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26	<b>Punit Garg</b>	IYA, Life Member	Member
27.	<b>Dr Naveen Singh</b>	IYA Life Member	Member